

9. Recommendations for future research

Primary Prevention

Validation of the SCORE tables in our setting.

Studies in primary care that assess the efficacy of brief interventions at reducing alcohol consumption in populations at risk.

Studies that assess the effect of the Law on Tobacco in our country.

Studies that assess clinical variables of the benefit of different strategies to achieve smoking cessation.

Long-term studies that assess the minimal effective dose of treatment with antiaggregants.

Studies that assess the benefits of antiaggregant treatment, such as primary prevention of vascular events, in the diabetic population.

Studies that assess the comparative efficacy of different statins.

Studies that compare high dose statins to standard dose statins in patients with high vascular risk.

Secondary prevention

Studies that assess the maintenance of lifestyle changes after having a stroke.

Studies that assess the benefits of double antiaggregation treatment in patients who present recurrent stroke or very high vascular risk.

Studies that assess resistance to antiaggregant treatment in patients with good management of risk factors and recurrent stroke.

Studies that assess the comparative efficacy of different statins.

Studies that assess different doses of statins based on specific target values.

Studies that assess the benefits of bypass surgery in certain cases of carotid artery stenosis.

Studies that assess the long-term safety of more aggressive (high doses) strategies with statins.