

9. Dissemination and implementation

Formats of the Guideline, dissemination and implementation

The CPG consist of two versions, the complete and the summarised versions, in addition to information for patients. The complete version and the information for patients can be accessed through both the web page of Axencia de Avaliación de Tecnoloxías Sanitarias (avalia-t) and Guía Salud. The dissemination and implementation strategies would be the following:

- ~ Official presentation of the guideline by the health authorities and delivery to every potential professional user.
- ~ Distribution of the patient guideline.
- ~ Presentation of the guideline in Primary and Specialised Care through interactive chats.
- ~ Dissemination of the guideline in electronic format on the web pages of the health services and of the scientific societies involved in the project.
- ~ The execution of on-line and/or attended training activities on managing patients with depression.
- ~ Presentation of the guideline in scientific activities (workshops, conferences, meetings).
- ~ Publication of the guideline in medical journals.
- ~ The establishment of good healthcare criteria for patients with depression in contract programme schemes and clinical management contracts.
- ~ The establishment of support systems for the clinical decision, thereby integrating the guideline and the selected indicators in the computer programme used in primary care.