

# Questions to be answered

## 1. Screening and suicide risk factors in major depression of adults

- Would screening improve the results in major depression?
- Are there suicide risk factors in patients with major depression?

## 2. Pharmacological treatment of depression

- Is there any effective and safe drug for the treatment of mild, moderate or severe major depression?
- Is any drug better than another for the treatment of major depression? What is the time-course for assessing the efficacy of a drug?
- How long pharmacological treatment should be maintained after remission of depressive symptoms?
- What pharmacological strategies are indicated for resistant depression?

## 3. Psychotherapy

- Is any type of psychotherapy effective for patients with major depression?

## 4. Other treatments

- Is electroconvulsive therapy effective for the treatment of major depression?
- Is guided self-help effective for any sub-group of patients?
- Are support groups effective for patients with major depression?
- Is physical exercise effective for patients with major depression?
- Is acupuncture effective for patients with major depression?
- Is treatment with St John's Wort effective?

## 5. Quality indicators

- What are the indicators that allow monitoring quality in the management of depression?