

Table 8. Phases of the semi-structured interview⁵⁹⁻⁶¹

Preliminary phase	Exploratory phase	Resolution phase	Final phase
<ul style="list-style-type: none">• Empathetic reception• Determine the reason for the visit• Avoid the “and while I’m here”, limiting the reasons for the visit	<ul style="list-style-type: none">• Obtain basic specific information:<ul style="list-style-type: none">- What the symptoms are like- Location- Intensity- Chronology and evolution• Gather specific additional information:<ul style="list-style-type: none">- Presence of organic or yatrogenic pathology- Trigger factors: changes, grieving...- Social-family environment- Personal history: manic episodes, prior episodes of depression- Situations that improve or worsen• Exploration of the psychosocial sphere:<ul style="list-style-type: none">- Beliefs and expectations- Content of thought- Affectivity- Personality	<ul style="list-style-type: none">• Synthesis and listing of the problem(s)• Inform the patient regarding the nature of the problem• Verify that the patient has understood the explanations• Involve the patient in the preparation of a diagnostic-therapeutic plan:<ul style="list-style-type: none">- Agreements- Negotiation- Agreements	<ul style="list-style-type: none">• Taking precautions• Final agreement• Goodbye